

RiverPointe

RiverPointe Senior Community of Littleton

5225 South Prince Street, Littleton, Colorado 80123

www.RiverPointeSeniorLiving.com - 303-797-0600

RiverPointe Happenings! – June 2022

RiverPointe is now offering homecare on-site for our residents who are looking for shorter increments of care, or help with running errands, or in need of companionship.
See details below!

Active Minds® Presents Australia: Past and Present

Wednesday, June 8, 2022 - 3:00 PM – 4:00PM (in-person)

Australia, or The Land Down Under as it is affectionately known, is a country, an island, and a continent. It is a land of diverse physical beauty, unique wildlife, and some historical similarities to the United States. Join us as we explore the history and landscape of this key U.S. ally. We will review Australia's beginnings as a prisoner settlement, its role in numerous global conflicts and its modern challenges, including the impact of climate change and its relationship with China.

RSVP required (limited seating): RiverPointe: 303-797-0600

Website: <https://www.activeminds.com/>

Wellness Café - Topic: Boundaries

Wednesday, June 8th at 1:00 pm in the RiverPointe Community Room

We all need a little help from time to time, and All Health Network is here to help. This month's topic is "Boundaries" do you have a hard time setting boundaries with friends? Family. This is a great way to help let people know your boundaries for your own healing. Open to the General Public Free of charge RSVP required. Call the RiverPointe front desk to sign up 303-797-0600

Last Note Singers

Wednesday, June 22nd 7:00 pm in the RiverPointe Community Room

This Accapella group will mesmerize you with their harmonizing renditions of popular songs. Open to the general public. RSVP required!

The Melodics

Thursday, June 30th at 2:30 p.m. in the RiverPointe Community Room

This is a new group to perform at RiverPointe. These gentlemen play piano, guitar, sing and more! They are sure to be a wonderful new performance group to our already talented offerings. **Open to the general public** RSVP required!

On-site Homecare for Residents Available at RiverPointe:



RiverPointe is proud to partner with HomeWatch caregivers to provide supportive tasks, and care to our independent population.



RiverPointe of Littleton is a great place to meet your Tri-Shaw pilot for a historical, relaxing, wind in your hair ride!

**Call Jinny at
414-861-4877**



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If you lived at RiverPointe you would be enjoying:

- Rockies Baseball Game: Silver Sluggers Sport
- Out to Lunch Bunch: The Terracotta Café and Smokin' Fins
- Birthday Concert with Dan Mcclarin
- Poetry Exploration
- Knitting and Crocheting group
- Happy Hour featuring Mindy Sterling (always a favorite)
- Art Appreciation with art historian Mike Stretchberry topic: "Art of Asia Overview"
- Aerobics for the Mind: 1) Men of Rock; The big Freeze-Ice age "Galapagos Rift"- Wonder of Mid ocean Ridges.
- Painting Workshop
- Yoga, Tai Chi, Balance class, aerobic and strength fitness classes
- Knitting and crocheting

RiverPointe Happenings! Save the Date!

Mark your Calendar!

Active Minds® Presents "Say Cheese"

Wednesday, July 13, 2022, 3:00-4:00 pm (in-person)

The history of cheese goes back as far as 6000 BCE, long before the Ancient Egyptians and Homer. There are thousands of varieties of cheese, with local flavor differences influenced by subtle factors such as the type of grass eaten by the cows. Join Active Minds as we trace this cheesy history, including an overview of how it is made and the major categories of cheese. We'll even cover a couple controversial topics debated by cheesophiles (yes, that's a word!).

RSVP required (limited seating): RiverPointe: 303-797-0600

Littleton's 94th WESTERN WELCOME WEEK in August

No RSVP needed.

This event is open to the general public ...all are welcome!

RiverPointe WWW Swing Dance:

Tuesday, August 16th 6:00-8:30 pm

Featuring ZING the great Big Band, Laura and friends and emcee Rick Crandall. The Highlands Ranch Sunrise Rotary club will be selling adult beverages and The Fanwich Food truck will be on-site beginning at 5:00 for a delicious pre-concert dinner or for dining during the concert.

RiverPointe Ice Cream Social and Car Show

Thursday, August 18th 6:00-8:00 pm

Enjoy our eclectic car show featuring vintage model T vehicles, souped up American race cars as well as surprise entries. You'll be entertained by the Mile-Hi Banjo band while enjoying ice cream novelties.